

## Codes of Exception

### Introduction

Codes of Exception (“**CoE**”) are technical exceptions granted to Athletes in accordance with the World Para Powerlifting Rules and Regulations (“**Rules**”), due to the nature of their impairment(s) and/or health condition(s).

CoE allow Athletes to compete according to the Rules and do not provide exceptional advantages during a competition.

CoE are granted to Athletes with permanent impairment(s) and/or health condition(s) only and are not allocated for temporary impairment(s) and/or health condition(s) (e.g., “sore” elbows or knees).

World Para Powerlifting (“**WPPO**”) may delegate some or all of the tasks and responsibilities for granting a CoE to individuals it identifies as having the necessary skills and experience for this role (“**CoE Personnel**”). For the avoidance of doubt, classifiers may also act as CoE Personnel.

If a CoE has been granted to an Athlete, it will be included in the Athlete's data sheet page in the IPC Sport Data Management System.

### Who is eligible for Codes of Exception

All new Athletes will be evaluated for a CoE by the CoE Personnel after their Classification has been completed. An Athlete’s eligibility is not affected by the evaluation for a CoE. Only Athletes who are allocated an eligible Sport Class will be evaluated for a CoE.

For existing Athletes with an eligible Sport Class who have not been previously evaluated for a CoE, the National Paralympic Committee (“**NPC**”)/National Federation (“**NF**”) may contact WPPO and request the Athlete be evaluated for a CoE.

If an NPC/NF believes there has been a change in the nature or degree of an Athlete’s ability to execute the specific tasks and activities to the level of the technical requirements described in the Rules due to their permanent impairment(s) and/or health condition(s), the NPC/NF may request the Athlete be evaluated for a CoE.

Athletes may be granted more than one CoE.

### How to submit a request for Codes of Exception

The NPC/NF must contact WPPO by email at [info@worldparapowerlifting.org](mailto:info@worldparapowerlifting.org) and state, in English, why they believe a CoE evaluation is necessary. The NPC/NF should be prepared to provide all supporting medical documentation requested by WPPO/CoE Personnel. Please note that the request for a CoE evaluation must be received by WPPO as soon as reasonably practicable and where possible at least three (3) months before the next competition where the Athlete intends to compete.

If WPPO considers that a change in the impairment(s) and/or health condition(s) is sufficient to demonstrate the impact on the Athlete’s ability to perform to the technical requirements in the Rules, or if the Athlete has not been previously evaluated for a CoE, the request will be approved and the Athlete will be required to undergo a CoE evaluation at the next available opportunity. Such date will be

communicated to the NPC/NF by WPPO. Please note that a CoE evaluation does not guarantee that any CoE will be granted.

If WPPO considers that the above test is not met, the request for a CoE evaluation will be denied. In this case, the CoE (or lack thereof) will remain for the Athlete.

The outcome of whether a CoE request is granted and the outcome of the CoE evaluation are final, and there will be no opportunity to appeal or otherwise challenge this outcome.

### Types of Codes of Exception

The CoE are categorised into three (3) types of codes:

- 1) Performance Codes:** Five (5) codes that exempt Athletes from following a specific requirement(s) according to the Rules.
- 2) Equipment Codes:** Two (2) codes that allow Athletes to utilise special strapping techniques and/or are exempted from wearing shoes according to the Rules.
- 3) Information Codes:** Three (3) codes that provide Technical Officials (“TO”) with appropriate information about an Athlete’s technical performance on the Field of Play (“FOP”).

CoE may be accompanied by a relevant subcode. The subcodes are allocated when appropriate to provide additional information pertaining to the respective CoE. Not all CoE require a subcode. The lack of a subcode does not imply an Athlete does not have a CoE.

The CoE are as listed in the table below along with their relevant subcodes:

Types of Codes of Exception	Code	Description	Subcode	
Performance Codes (PC)	<b>C</b>	Bar cannot be controlled normally.	NA	
	<b>E</b>	One (1) or both (2) elbows cannot fully extend.		
	<b>L</b>	One (1) or both (2) legs cannot fully extend.		
	<b>G</b>	Fingers cannot be fully wrapped around the circumference of bar.		
	<b>P</b>	Special positioning on bench required.	<b>S</b>	Scoliosis
Equipment Codes (EC)	<b>S</b>	Special strapping required (across hip joint, across the feet, straps overlap).	<b>A</b>	One arm shorter
			<b>C</b>	One side of chest higher
			<b>K</b>	Kyphosis
			<b>H</b>	Strap across hip
	<b>NS</b>	No Shoes can be worn.	<b>O</b>	Strap overlap
Information Codes (IC)	<b>H</b>	Hearing impairment.	<b>F</b>	Strap across feet
	<b>V</b>	Visual impairment.	NA	